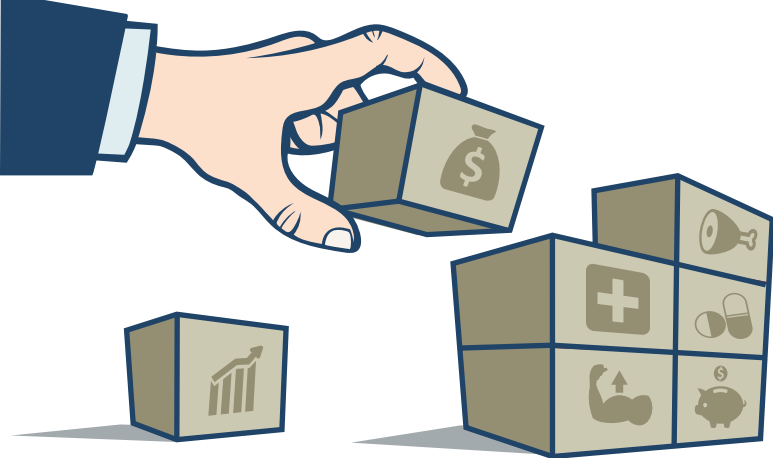




LONG-TERM CARE PLANNING CHECKLIST

Whether it's for you or a loved one, it's important to begin with the basics when developing your long-term care plan. This checklist can help you get started.

YOU CAN'T PREDICT THE FUTURE, BUT YOU CAN PREPARE FOR IT.

EVALUATE CARE OPTIONS

- ☐ Consider services you may need
- ☐ Visit facilities online or in person
- ☐ Review costs (current and future)
- ☐ Ask for recommendations

DETERMINE COVERAGE OPTIONS

- ☐ Self-funding
- ☐ Long-term care insurance
- ☐ VA benefits
- ☐ Medicare/Medicaid

CONSULT PROFESSIONALS

- ☐ Your AWM&T Relationship Manager
- ☐ Long-term care insurance agent
- ☐ Estate attorney
- ☐ Your medical team

GATHER IMPORTANT DOCUMENTS

- ☐ Estate plan
- ☐ List of all financial accounts
- ☐ Legal documents
- ☐ Health and military records



Be sure to document all of your wishes and update them if your situation changes. Then, be sure to **talk with your loved ones about your plans.**



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639 Executive Place, Suite 200, Fayetteville, NC 28305

1-910-307-3500 • www.aafmaatrust.com

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